

### Appendix 13.1. Additional Films and Books on Adolescent Long-Distance Runners

While a substantial number of these books and films through the 1980s focused on young, male, white, Western protagonists, the theme has now long since expanded to include books and films in a variety of fiction and nonfiction genres focused on women as well as young people from diverse ethnic and international backgrounds. Beyond the particular novella featured in this lesson, a somewhat open-ended class-wide inquiry unit could explore the historical unfolding of the figure of the adolescent long-distance runner and continue to refine and complicate some of the observations about techniques and patterns of storytelling discussed in the lesson on Sillitoe's story and Richardson's film.

For purposes of this list, the focus has been—in works of fiction—on protagonists ranging from early teens to just beyond college age. The nonfiction works about the history and meaning of pedestrian athleticism to human beings are not exclusively focused on young adults, though many of those listed below do feature prominently the stories of actual people who parallel some of the stories told in fiction.

#### Fiction

- Avasthi, Swati. *Split*. New York: Knopf, 2010.
- Bantle, Lee. *David Inside Out*. New York: Henry Holt, 2009.
- Bauer, A. C. E. *Gil Marsh*. New York: Random House, 2012.
- Benaron, Naomi. *Running the Rift*. Chapel Hill, NC: Algonquin, 2012.
- Crutcher, Chris. *Chinese Handcuffs*. New York: Greenwillow, 1989.
- Deans, Sis. *Racing the Past*. New York: Puffin, 2005.
- Knudson, R. R. *Zan Hagen's Marathon*. New York: Farrar, Straus & Giroux, 1984.
- Levine, Anna. *Running on Eggs*. Chicago: Front Street, 1999.
- McNab, Tom. *Flanagan's Run*. London: Hodder and Stoughton, 1982.
- Middleman, Dan. *Pain*. Bloomington, IN: AuthorHouse, 2006.
- Parker, John L. Jr. *Once a Runner*. Cedar Mountain, NC: Cedar Winds, 1978.
- Reardon, Robin. *A Secret Edge*. New York: Kensington, 2007.
- Slouka, Mark. *Brewster*. New York: Norton, 2013.
- Toor, Rachel. *On the Road to Find Out*. New York: Farrar, Straus & Giroux, 2014.
- Van Draanen, Wendelin. *The Running Dream*. New York: Knopf, 2011.
- Voigt, Cynthia. *The Runner*. New York: Atheneum, 2012.
- Wallace, Rich. *Dishes*. New York: Viking, 2008.
- Wilson, Martin. *What They Always Tell Us*. New York: Delacorte, 2008.
- Yee, Lisa. *Warp Speed*. New York: Scholastic, 2011.

## Nonfiction

- Bascomb, Neal. *The Perfect Mile: Three Athletes, One Goal, and Less Than Four Minutes to Achieve It*. Boston: Houghton Mifflin, 2004.
- Brant, John. *Duel in the Sun: Alberto Salazar, Dick Beardsley, and America's Greatest Marathon*. New York: Rodale, 2006.
- Coupland, Douglas. *Terry*. Vancouver: Douglas & McIntyre, 2005.
- Harvie, Robin. *The Lure of Long Distances: Why We Run*. New York: PublicAffairs, 2011.
- Heinrich, Bernd. *Why We Run: A Natural History*. New York: Ecco, 2001.
- Jones, Bill. *The Ghost Runner: The Epic Journey of the Man They Couldn't Stop*. New York: Pegasus, 2012.
- Jordan, Tom. *Pre: The Story of America's Greatest Running Legend, Steve Prefontaine*. Emmaus, PA: Rodale, 1997.
- McDougall, Christopher. *Born to Run: A Hidden Trige, Superathletes, and the Greatest Race the World Has Never Seen*. New York: Knopf, 2009.
- Moore, Kenny. *Bowerman and the Men of Oregon: The Story of Oregon's Legendary Coach and Nike's Cofounder*. New York: Rodale, 2006.
- Murakami, Haruki. *What I Talk about When I Talk about Running*. New York: Knopf, 2008.
- Murphy, Frank. *The Silence of Great Distance: Women Running Long*. New York: Wind-Sprint, 2000.
- Ostman, Cami. *Second Wind: One Woman's Midlife Quest to Run Seven Marathons on Seven Continents*. New York: Seal, 2010.
- Parker, Scott. F. *Running after Prefontaine: A Memoir*. Inside the Curtain, 2011.
- Sheehan, George. *Running and Being: The Total Experience*. Red Bank, NJ: Second Wind II, 1998.
- Switzer, Kathrine. *Marathon Woman: Running the Race to Revolutionize Women's Sports*. New York: Carroll & Graf, 2007.
- Toor, Rachel. *Personal Record: My Love Affair with Running*. Lincoln: University of Nebraska Press, 2008.
- Wazeter, Mary, with Gregg Lewis. *Dark Marathon: The Mary Wazeter Story*. Grand Rapids, MI: Zondervan, 1989.

## Movies (Narrative)

- Across the Tracks*. Sandy Tung, 1990.
- Challenge the Wind*. William Blackburn, 1991.
- The Four Minute Mile*. Jim Goddard, 1988.
- The Jericho Mile*. Michael Mann, 1979.
- Kicking Bird*. Kelley Baker, 2005.
- The Loneliness of the Long Distance Runner*. Tony Richardson, 1962.
- The Long Run*. Jean Stewart, 2002.
- McFarland, USA*. Niki Caro, 2015.
- On the Edge*. Rob Nilsson, 1986.
- Prefontaine*. Steve James, 1997.

---

*The Robber*. Benjamin Heisenberg, 2010.  
*Running Brave*. D. S. Everett and Donald Shebib, 2004.  
*Saint Ralph*. Michael McGowan, 2004.  
*See How She Runs*. Richard T. Heffron, 1978.  
*Without Limits*. Robert Towne, 1998.

### **Movies (Documentary)**

*26 Times in a Row—Men's Marathon, Olympic Games, Montreal 1976*. National Film Board of Canada, 1978.  
*Endurance*. Leslie Woodhead and Bud Greenspan, 1998.  
*Fast Women*. George Delalis, 2009.  
*Fire on the Track: The Steve Prefontaine Story*. Erich Lyttle, 1995.  
*The Four Minute Mile*. Carl Hindmarch, 2004.  
*My Run: The Terry Hitchcock Story*. Tim VandeSteeg, 2009.  
*Racing the Rez*. Brian Truglio, 2012.  
*Runners High: It's 26.2 Miles from East Oakland to Anywhere They Wanna Go*. Justine Jacob and Alex D. da Silva, 2006.  
*Spirit of the Marathon*. Jon Dunham, 2008.  
*Up Heartbreak Hill*. Erica Scharf, 2011.